



Julia Njoki Mwatha

User ID	julia
Name	Julia Njoki Mwatha
Host and/or Supervisor Name	Elle Igoe and Hernan Cavasos
I am satisfied with my placement site	5
I am starting to meet training objectives	5
I am learning new skills	5
Building on my existing skills	5
I am clear about my responsibilities as a Steward	5
I am clear about my J-1 visa obligations	5
I am clear about contacting MESA first if I need to use my medical insurance	5
I am clear about the reports I send MESA	5
i am happy with my living situation	5
I am receiving the stipend I agreed to	5
I am training the hours I expected	5
I am not having problems with my English	5
I am not feeling homesick!	4
Meets all my expectations	5
Had a good arrival and/or Skype orientation	5
Answers my questions clearly	5
Is giving me the help I need to get started	5
Is well organized	5



Administers a high quality program	5
Understands his/her role as a Host	5
Understands why I came to the USA	5
Knows my personal training objectives	5
Gaves me a good orientation for my placement	5
Gives me a good introduction to other interns/staff/employees	5
Clearly explained my training schedule	5
Is a good trainer/mentor	5
Involves me in a diversity of activities	5
Gives me responsibility	5
Respects my opinion	5
Has good communication skills	5
Has a well run business	5
Is safety conscious	5
Provides good working conditions	5
Provides personal protective equipment	5
Maintains machinery in good condition	5
Maintains buildings and work areas well	5
Has helped me get settled in	5
Helped me integrate into the community	5
Is interested in my culture	5



Was the MESA information you received in your home country clear? Was the description of your training site accurate? What more would you have liked MESA to send you before you left you home country?	Yes it was very clear and helped me to have realistic expectations of my stay in the United States of America.
If you worked with a Program Representative in your home country, was he/she helpful? Is there anything more the Representative could have done to help you complete your application or to better understand MESA's program?	Yes I did have a program representative, he /they were very helpful and provided all the information that I inquired, helped me prepare for my visa interview.
Any problems with housing, electricity, heat, phone, driver's license, bank account, transportation? Other problems?	No , so far I am not having any problems.
Describe the training you have received since getting to your placement site. What have you learned so far? Have you attended any special training, workshops, conferences, classes, etc.?	I have learned the farming activities being undertaken at the farm- seeding, transplanting, weeding, composting, harvesting and also post harvest handling. I have also been learning how to take care of farm animal. I learned home to milk goats and through practice, I am getting better everyday. I am also learning how to drive a car to enable me help with farming activities better. We also went to Good food showcase where farmers and distributors a around the area showcased their produce.



Have you been involved in an cultural activities since your arrival? (examples: farmers' workshop, library event, soccer games, family activities, etc)	I have been involved in alot of family fun activities and also the farm school being run at the farm. This has enabled me to meet and help teach kids from this area. Farm stand and farms markets is also another great opportunity that enabled me to meet and share with people of different cultures and personalities.
Any suggestions to improve MESA's program?	Keep doing what you are doing because it's changing people's lives in a positive way.
By checking "YES" you confirm that you are the person listed on the top of this survey and that all information is accurate and truthful	Yes